

# East-West Gateway Council of Governments Bicycle and Pedestrian Advisory Committee

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**East-West Gateway Council of Governments**  
One Memorial Drive, Suite 1600 • St. Louis, MO 63102  
Wednesday, January 13, 2016 - - 2 PM

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## Meeting Agenda

1. Introductions
2. Approval of Minutes from Previous Meeting - - July 8, 2015
3. **Plan4Health, Traffic Calming Pop-Up Demonstrations** - - Marielle Brown
4. **The FAST Act** - - Jason Lange
5. **Transportation Alternatives Program (TAP)** - - Rachael Pawlak
6. **Surface Transportation Program – Suballocated (STP-S) and Congestion Mitigation and Air Quality (CMAQ) Program** - - Jason Lange
7. **Bike Counts Report** - - Marielle Brown
8. **St. Louis City Complete Streets Committee** - - John Kohler
9. **Other Business**
  - a. St. Louis City Bicycle Friendly Communities, John Kohler
  - b. Chair, Vice-Chair, and TPC Representative Elections, Rachael Pawlak
10. **Events/Announcements**
11. **Future Meetings**
  - a. BPAC Meeting Date: April 13, 2016
  - b. Gateway Bike Plan – Working Group Meeting Date: January 15, 2016
12. Adjournment

# East-West Gateway Council of Governments Bicycle and Pedestrian Advisory Committee

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**East-West Gateway Council of Governments**  
One Memorial Drive, Suite 1600 • St. Louis, MO 63102  
Wednesday, May 11, 2016 - - 2 PM

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## Meeting Agenda

1. Introductions
2. Approval of Minutes from Previous Meeting - - January 13, 2016
3. **MoDOT Blueprint** - - Anna Musial
4. **Surface Transportation Program – Suballocated (STP-S) and Congestion Mitigation and Air Quality (CMAQ) Program** - - Jason Lange
5. **STP-S Project Selection Criteria Update** - - Peter Koepfel
  - a. **Bike Design Manual** - - Rachael Pawlak
6. **St. Louis City Neighborhood Greenways** - - Grace Kyung
7. **Pop-Up Demonstrations and How To Guide** - - Grace Kyung
8. **Other Business**
  - a. TPC Representative, Rachael Pawlak
  - b. Bike Month events, Committee
9. **Events/Announcements**
  - a. APBP Webinar, Aspects of Equity, May 18
  - b. National Bike to Work Day, May 20
  - c. APBP Webinar, Economic Impacts of Street Design Decisions, June 15
10. **Future Meetings**
  - a. BPAC Meeting Date: July 13, 2016
  - b. Gateway Bike Plan – Working Group Meeting Date: July 15, 2016
11. Adjournment

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**Bicycle and Pedestrian Advisory Committee**

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**To:** Bicycle and Pedestrian Advisory Committee  
**From:** Rachael Pawlak, East-West Gateway Council of Governments  
**RE:** Draft Minutes from BPAC meeting, January 13, 2016; 2 pm

**In Attendance:**

Todd Antoine (GRG)  
Marielle Brown (Trailnet)  
Laura Ellen (MoDOT)  
John Hicks (St. Louis County)  
Curtis Jones (IDOT)  
Karen Karabell (Cycling Savvy)  
John Kohler (St. Louis City)  
Donovan Larson (citizen)  
Jeremy Wolfmeyer (City of O'Fallon)

**East-West Gateway Staff:**

Larry Grither  
Jason Lange  
Christopher Michael  
Anna Musial  
Rachael Pawlak  
Sonya Pointer  
Melissa Theiss

1. **Introductions**

John Kohler called the meeting to order at 2:05 p.m.

2. **Approval of Minutes from Previous Meeting - - July 8, 2015**

The minutes were approved as proposed.

3. **Plan4Health Traffic Calming Pop-Up Demonstrations**

Marielle Brown, Trailnet, presented on the St. Louis Plan4Health Project. Marielle stated that 27% of St. Louis City residents report no leisure time for physical activity, however, 80% of City residents live within a half-mile of a public park. Therefore, there is an opportunity to get people moving around. Marielle stated that the City typically has wide streets that are 50 feet wide and vehicles travel more than 40 mph, which prevents some individuals from walking and biking. The HEAL Partnership selected four neighborhoods within St. Louis City to conduct the traffic calming pop-up demonstrations, including the Ville and Greater Ville, JeffVanderLou, Dutchtown, and Carondelet.

Trailnet conducted walkability audits at each location to identify areas of need. Site plans were created to obtain permits. A pop-up traffic calming material library was created, including tires, fake plants, etc. All materials can be borrowed to conduct traffic calming demonstrations. Trailnet is trying to obtain funding to assist local municipalities with their own traffic calming demonstrations. Data was collected at each demonstration, including stop sign compliance (stopping vs. rolling vs. not stopping), speed (before and after traffic calming), and surveying perceptions of safety. Public comment has been collected throughout the process. Marielle shared a 5-minute video, which can be viewed here: <https://www.youtube.com/watch?v=N9rT9GOAWjY>.

John Kohler stated that the City is working with Trailnet on a Neighborhood Greenways plan and are currently identifying pilot routes.

4. **The FAST Act**

Jason Lange, East-West Gateway, updated the committee on the Fixing America's Surface Transportation (FAST) Act. The FAST Act was signed into law on December 4, 2015 and is a 5-year transportation law. The law changed and reformed many Federal transportation programs, including converting the Surface Transportation Program into the Surface Transportation Block Grant (STBG) Program, and the Transportation Alternatives Program (TAP) is now the Surface Transportation Block Grant Set-aside Program. Just as with the TAP, funding in the STBG Set-aside Program is available for more than just bicycle and pedestrian projects, including community improvement and environmental mitigation activities.

5. **Transportation Alternatives Program**

Rachael Pawlak, East-West Gateway, presented on the Transportation Alternatives Program. East-West Gateway conducted a solicitation from projects seeking TAP funding in September 2015 and the applications were due December 7, 2015. A total of 29 applications were submitted, requesting over \$16 mil in federal funding. The projects were posted online for feedback from December 17 through January 4, and 417 comments were received. TAP projects are evaluated by East-West Gateway staff, based on the criteria established in the Council's long range transportation plan. The Transportation Planning Committee met on January 6, 2016, and they recommended 13 TAP projects, totaling approximately \$8 mil in federal funding to be amended to the Transportation Improvement Program. East-West Gateway is currently seeking comments on the recommended projects, through January 22. The TAP projects will be presented to the Council's Board of Directors at their January meeting for approval. Rachael presented two handouts: the recommended project list and a map showing the existing network and the recommended projects.

6. **Surface Transportation Program – Suballocated (STP-S) and Congestion Mitigation and Air Quality (CMAQ) Program**

Jason Lange discussed the STP-S and CMAQ Program funding schedule. Applications are currently online. East-West Gateway held a project development workshop for Missouri sponsors on January 6, 2016 and will be holding another project development workshop for Illinois sponsors on January 14, 2016. A panel review workshop will be held in February to discuss individual projects in more detail. Applications are due on March 3, 2016. Applications will be reviewed and evaluated by East-West Gateway staff, and the projects will be presented to the Transportation Planning Committee in May for their recommendations. The projects will be out for public comment in June, and then presented to the Board of Directors at their August meeting for approval.

7. **Bike Counts Report**

Marielle Brown presented the Bike Count Report. Data is reported to the National Bicycle and Pedestrian Demonstration Project. The 2015 counts showed a reduction in the number of people walking and biking. Count locations increased to 61 locations in 2015, compared to 54 in 2014, and 50 in 2013. The highest activity location in 2015 was at Forest Park Parkway and Euclid, which was not included in previous count locations. The 2016 bike counts will take place in September 2016.

8. **St. Louis City Complete Streets Committee**

John Kohler updated the committee on the City's modified Complete Streets Policy on February 25, 2015. The Policy is more robust. A Committee has been established, including interdepartmental City directors (streets, planning and urban design, BPS, health, parks, and office of the disabled). The first meeting was held December 2015, to discuss the composition of the committee, and it was discussed to include police and fire representatives. The committee meets quarterly, with the goal to identify the most dangerous areas in the City based on accident data. The City's Strategic Highway Safety Plan and Pedestrian Safety Action Plan will both guide project development. Other goals include integrating principles and policies into their plans and documents for Complete Streets issues. The City also wants to collaborate with external stakeholders to examine performance measures and

benchmarks. Reports will be made to the Alderman on an annual basis. Jamie Wilson is the Chair of the Complete Streets Committee.

9. **Other Business**

St. Louis City Bicycle Friendly Communities – John Kohler stated that the City of St. Louis received the Bronze Bicycle Friendly Community designation. John stated that the City is disappointed with this designation. The City has been a bronze designation since 2009. The City reached out the League of American Bicyclists to discuss their designation, and plans to reapply in Spring 2016.

Chair, Vice-Chair, TPC Representative – The committee nominated Marielle Brown to serve as the Chair and TPC representative and Curtis Jones as Vice-Chair.

10. **Adjournment**

The meeting adjourned at 3:35 p.m.

East-West Gateway Council of Governments  
One Memorial Drive, Suite 1600 • St. Louis, MO 63102

**Bicycle and Pedestrian Advisory Committee**

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**To:** Bicycle and Pedestrian Advisory Committee  
**From:** Rachael Pawlak, East-West Gateway Council of Governments  
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**Bicycle and Pedestrian Advisory Committee**

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**To:** Bicycle and Pedestrian Advisory Committee  
**From:** Rachael Pawlak, East-West Gateway Council of Governments  
**RE:** Draft Minutes from BPAC meeting, May 11, 2016; 2 pm

**In Attendance:**

Curtis Jones (IDOT)  
Grace Kyung (Trailnet)  
Karen Karabell (Cycling Savvy)  
Ryan Pierce (St. Louis County DOT)  
Jeremy Wolfmeyer (City of O'Fallon)

**East-West Gateway Staff:**

Larry Grither  
Peter Koeppel  
Christopher Michael  
Anna Musial  
Sonya Pointer  
Melissa Theiss

**Others in Attendance:**

Kevin Jemison (IDOT)  
Janet Matthews (Trailnet)

**BPAC Coordinator:**

Rachael Pawlak

- 1. Introductions**  
Curtis Jones called the meeting to order at 2:05 p.m.
- 2. Approval of Minutes from Previous Meeting** - - January 13, 2016  
The minutes were approved as proposed.
- 3. MoDOT Blueprint**  
Anna Musial updated the committee on the current status of Missouri's Blueprint to Save More Lives, the strategic highway safety plan for all public roads statewide. The Blueprint was recently rewritten and is now going through the public comment period. The comment period began in the beginning of April on the five emphasis areas that make up the Blueprint. Those emphasis areas include serious crash types, high risk drivers, special vehicles, vulnerable road users, and special roadway environments. The vulnerable road users emphasis area is the area where bicycle and pedestrian crashes are addressed, and was sent out for comment on April 20, 2016 and closed on May 4, 2016. The final document will be released at the Blueprint Conference which takes place October 18-20, 2016 at the Holiday Inn Executive in Columbia, MO. All are welcome to attend.
- 4. Surface Transportation Program – Suballocated (STP-S) and Congestion Mitigation and Air Quality (CMAQ) Improvement Program**  
Melissa Theiss gave an update on the STP-S and CMAQ call for projects and selection process. EWG announced a call for project applications in December 2015, and applications were due on March 3, 2016. Staff completed the evaluation of local project applications, and the Transportation Planning Committee in Illinois and Missouri made funding recommendations at their May meetings. In Missouri, 59 STP-S projects were recommended for funding, totaling approximately \$45 million in federal funds. Twenty-two (22) CMAQ applications were recommended for funding, totaling

approximately \$27 million in federal funds. In Illinois, 13 STP-S projects were recommended for funding, totaling approximately \$5.3 million in federal funding. Eight (8) CMAQ applications were recommended for funding, totaling approximately \$4.1 million in federal funding. The public comment period on the Transportation Improvement Program begins on July 1 and concludes on August 10. Five (5) open houses are scheduled and an on-line chat will take place on July 26.

Rachael Pawlak presented a map showing the existing bicycle network and the recommended projects that include a bicycle facility component.

5. **STP-S Project Selection Criteria Update**

Peter Koeppel discussed the update to the STP-S scoring criteria. EWG staff is currently working on the criteria. Focus groups will be convened in the summer of 2016 to provide input on the criteria. Rachael discussed the development of a Bike Planning Manual that will provide information to sponsors on low-stress bike facilities. The manual should be completed in late winter.

6. **St. Louis City Neighborhood Greenways**

Janet Matthews presented on St. Louis City's Neighborhood Greenways Initiative. This is a Trailnet led EPA funded project. Janet stated that the term "greenways" can be confusing since most people think it means building a trail. The name 'calm streets' has been chosen by project participants since the goal is to slow traffic and calm traffic. The project purpose is to create a network of calm, low-stress streets. In the first phase, Trailnet spent a year educating the area on calm streets. Trailnet is currently in the second phase. Trailnet has been creating a work plan and scope of work for planning pilot routes. Trailnet will then plan for a full network of calm streets over the next ten years. For more information, please visit: <http://trailnet.org/work/public-transit/priority-campaigns/neighborhood-greenways-everyone/>.

7. **Pop-Up Demonstrations and How-To Guide**

Grace Kyung presented on the results of Trailnet's four pop-up traffic calming demonstrations. While the goal was to slow traffic, another component of the project including educating the public on traffic calming and why it's beneficial. Grace handed out a one-sheet informational sheet that included information on average speeds and percentage of vehicles stopping at stop signs on days without the demo and with the demo. Grace also provided sample comments from resident surveys. Grace stated that three out of the four demonstration projects will have some sort of permanent change. Trailnet will produce a toolkit for communities to use to create their own pop-up traffic calming demonstrations. The guide *Slow Your Street: A How-To Guide for Pop-Up Traffic Calming* will be available in late May.

8. **Other Business**

Transportation Planning Committee representative – Marielle Brown was the TPC representative, but no longer is a BPAC member. Therefore the BPAC needed to elect a new TPC representative. The committee nominated Grace Kyung to serve as the TPC representative.

Bike Month events – The committee discussed bike month events around the St. Louis region. Trailnet will be hosting several refueling stations in the morning of Bike to Work Day.

9. **Adjournment**

The meeting adjourned at 3:35 p.m.

# East-West Gateway Council of Governments Bicycle and Pedestrian Advisory Committee

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**East-West Gateway Council of Governments**  
One Memorial Drive, Suite 1600 • St. Louis, MO 63102  
Wednesday, September 8, 2016 - - 2 PM

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## *Tentative* **Meeting Agenda**

1. Introductions
2. Approval of Minutes from Previous Meeting - - May 11, 2016
3. **Great Streets Initiative Update** - - Paul Hubbman
4. **STP-S Project Selection Criteria** - - Peter Koeppel, Sonya Pointer, Rachael Pawlak
5. **Fine-Resolution Land Use Cover Data for the St. Louis Region** - - Christopher Michael
6. **Other Business**
7. **Events/Announcements**
  - a. National Bicycle and Pedestrian Documentation Project, September 13&14
  - b. Ride Illinois, Illinois Bike Summit, September 19
  - c. APBP Webinar, Pedestrians and Bicyclists in a Suburban Context, September 21
  - d. APBP Webinar, Intersections that Work for Pedestrians and Bicyclists, October 19
  - e. APBP Webinar, Transitions between Bikeway Facilities, November 16
  - f. APBP Webinar, Trips to Demystify Traffic Analysis, December 14
8. **Future Meetings**
  - a. BPAC Meeting Date: TBD
  - b. Gateway Bike Plan – Working Group Meeting Date: October 14, 2016
9. Adjournment